



The Working Back : A Systems View

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Low back pain is a disorder that will effect 80% of the workforce at some point in its career—and is responsible for over 40% of the compensation costs for work-related injuries. With a unique, multidisciplinary perspective that shows how various influences or risk factors can be considered collectively, *The Working Back: A Systems View*.

- Explains basic concepts in anatomy and physiology that are essential to understanding and preventing low back pain
- Provides a systems perspective on the occupational causes of back pain, not only addressing factors such as spine loading, but also considering the potential impact of psychosocial and organizational interactions, genetics, and physiology
- Offers an expert analysis of current medical research on low back pain in one comprehensive, accessible reference